



Contribution Planning Worksheet (continued)

You may find an automated version of this worksheet at www.flexdirect.adp.com. Follow these steps:

1. Visit www.flexdirect.adp.com.
2. Select the *Health Care FSA (Multimedia)* link on the right-hand side of the FlexDirect homepage. The multimedia presentation will open.
3. On the *Menu* page of the Health Care FSA presentation, select *Calculator*.

Health Care Eligible Expenses

The Internal Revenue Service updates the list of eligible health care items frequently. If you are uncertain about whether or not an item or service qualifies for reimbursement, you should determine expense eligibility before making the purchase. Also, your employer's plan document may limit eligible expenses for which you may receive reimbursement.

General Expenses:

- Medical plan deductibles
- Medical plan co-payments
- Dental
- Orthodontia expenses
- Vision care expenses: exams, glasses, contact lenses and lens maintenance solutions, laser eye surgery
- Routine checkups and physicals
- Routine medical foot care
- Services for alcoholism or drug addiction (qualified)
- Cosmetic surgery (medically necessary)
- Birth control pills, devices and procedures
- Private duty nursing services
- Well baby care and immunizations
- Tobacco cessation programs (physician prescribed)
- Occupational/physical therapy
- Chiropractor expenses for medical care
- Infertility treatments
- Psychology and psychoanalysis
- Weight-loss program (medically necessary)
- Speech therapy

Equipment & Supplies:

- Back support devices
- Specialized apparatuses for the sick/physically disabled
- Orthopedic shoes
- Special mattress (medically necessary)
- Purchase and repair of special phone equipment for the deaf
- Hearing aids and batteries

Medical Treatments:

- Acupuncture or related procedures when treating a medical condition
- Sterilization (reproductive)
- Whirlpool baths (medically necessary)
- Prescription drugs
- Over-the-counter drugs and medicines (qualified)

Miscellaneous Items:

- Braille books
- Convalescent home (for medical treatment only)
- Reading therapy for dyslexic child
- Guide dog and its maintenance
- Select educational costs for physically and cognitively handicapped children